

We often spend too much time being a conduit of care for others and don't take time to enjoy being a recipient of the gifts this life has to offer.

- 1. Make sure each column has a range of options that take from a few minutes to several days and from no cost to a lot of money.
- 2. The secret to this list is threefold: Getting very concrete about what is life-giving to you, intentionally calendaring time and planning, and deliberately choosing a mind of thankfulness when you participate in anything on this list.

What do you love? Nothing is too trivial or too extravagant. Make your list.

People	People: Remote or Local?	Places	Place: Cost & Time	Activities	Activities: Cost & Time



People	People: Remote or Local?	Places	Place: Cost & Time	Activities	Activities: Cost & Time